

THE REGENT'S PLACE NEWS

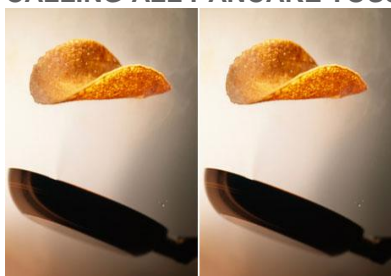
REGENT'S
PLACE

2012 is an exciting year, not only for London but for Regent's Place. The countdown to the Olympics has begun and we will be bringing you an action packed year!

If you are not already, keep an eye on www.regentsplace.com or [@RegentsPlace](https://twitter.com/RegentsPlace) on Twitter to make sure you keep up-to-date with all the latest news.

Forthcoming Events at Regent's Place

CALLING ALL PANCAKE TOSSING CHAMPIONS



Tuesday February 21st is Shrove Tuesday and here at Regent's Place we will be going a little pancake crazy.

Throughout the lunchtime period of 1pm to 2pm on Triton Street we will be holding the Regent's Place Pancake Tossing Championship!

Teams of 4 will be racing against each other and the clock to toss pancakes down Triton Street in a relay race. The winners of each heat will be put up against their closest rivals to compete for the Pancake Tossing Championship Trophy and FREE pancakes for their team! To register your team email info@regentsplace.com

Also we will be having a pancake stall onsite from 11am to ensure that you can treat yourself to a morning snack or an afternoon pick me up without the hassle of making them yourselves.

COULD YOU WALK ON FIRE?



Regents' Place together with the British Association for Adoption and Fostering are holding a Charity Firewalk here at Regent's Place on 22nd March 2012.

Becoming an adoptive or foster parent is an amazing thing to do but there is an easier way to help... by taking part in one of our sponsored challenges. To support our work with children in care, we're looking for adventurous 'soles' to take part in a firewalk at Regent's Place! Taking place on the evening of Thursday 22 March, a full training seminar will be provided before the moment of truth and you'll experience a feeling like nothing else.

You can bring friends, colleagues and family along to watch as you brave the hot coals and prove the concept of mind over matter. All you need to do is raise a minimum sponsorship of £125 (plus a £10 registration fee) before you take on the challenge. It's going to be an amazing night so we do hope you'll join us. To find out more or register simply email Daisy on fundraising@baaf.org.uk or contact the Events Team at the Regent's Place Management Office on 0207 388 4979.

THE REGENT'S PLACE MARKET

Back by popular demand for 2012, the much loved Regent's Place Market will be here the third Thursday of the month. With a wide selection of gastronomical delights make sure you pop by for a taster.

Confirmed dates for 2012 are;

- Thursday 19th January
- Thursday 16th February
- Thursday 15th March

CALLING ALL SPORTS STARS!

Do you currently play in a sports team within your company or building?
Would you like to play against other Regent's Place Teams?
If so, we need you.

We currently have rugby, football and softball teams looking to compete so, send details of your team to info@regentsplace.com now to register your details and a Regent's Place League will be set up shortly.

Even if you are not part of a team at the moment, we can help you join an existing team or start a new one, just get in touch with your sporting needs!

NEW YEAR, NEW YOU?

This is one for the ladies! Do you want to get fit and tone up after all the indulgences of Christmas and the New Year? Then Regent's Place can help. Launching in mid February 2012 we will be holding an Indoor Boot Camp here at Regent's Place. Training with a women's fat loss expert, this 6 week course will get you on track for those looming summer months and the bikini wearing season.

The 6 week course will be 2 x 45 minute sessions a week and they will run Tuesday and Thursday evenings (6.00pm – 7.00pm) and lunchtimes (12.30pm – 1.30pm) subject to demand. You will receive a 45 minute workout and then access to the trainer for personalised exercise and diet plans, all this in small groups to ensure you get that one-to-one guidance. The 6 week course will cost £60 per person, so only £5 per session!

To register your interest or to find out more details email info@regentsplace.com or call the Regent's Place Events Team on 0207 388 4979

Other News at Regent's Place

PLAZA REDEVELOPMENT WORKS



We are pleased to announce that the first stage of the re-development of the Regent's Place Plaza has now started.

From Monday 16th January through until 28th February 2012 a plywood and perspex protective screen will be installed on the Plaza. This will enable the works to be carried out safely and allow the public to view the works as they take place.

The purpose of this initial work is to complete the first step in the installation process of a number of new trees and features on the Plaza to create an events and community space at the heart of Regent's Place.

Please be assured that our retailers are all open as usual throughout this time and we don't envisage any impact on the running of the Estate.

[Make sure you visit this link to see how the plaza will look on completion in 2013.](#)

Also make sure you keep checking www.regentsplace.com for updates throughout the month!

Find us on:  

Copyright (C) 2011 Regent's Place Management All rights reserved.

Regent's Place Management
Regent's Place Management Office
Triton Square Mall, Regent's Place
London, NW1 3HF